

## littlesistersfamily.org

## **K-5 Enrichment Program**

For 65 years, LSA Family Health Service (LSA) has been an essential community resource founded to serve East Harlem residents with complex health and social issues, particularly during times of crisis. LSA's mission is to strengthen and improve the lives of vulnerable children and families by meeting their basic needs for food, health care, education, and a safe home in the belief that affirming families in their own dignity improves the entire community. LSA's commitment to East Harlem goes beyond addressing immediate needs; we nurture the long-term well-being of families and create multigenerational impact.

With deep community roots and a staff that truly mirrors and empathizes with the community, we foster a shared commitment to help one another access free and effective services. LSA provides holistic, evidence-based health and social programs that impact over 5,000 family members each year through a food pantry, benefits assistance, after school tutoring and enrichment, mental health services, baby & parent wellness programs, asthma prevention and community outreach.

LSA's Afterschool Enrichment and Summer Learning Program for K-5 students is dedicated to empowering underserved children in East Harlem, helping them improve their academic performance and reach grade-level proficiency in reading. The program takes a holistic approach, addressing the comprehensive needs of both the child and their family. It integrates components related to health and well-being, employing a two-generation approach that holistically serves both child and parent.

Many of the children who join the program enter with academic challenges, performing below grade level in English Language Arts, Math, or both subjects. These young learners often come from immigrant families, with many being first-generation Americans. Their parents frequently have limited literacy skills in their native language and struggle with English proficiency. Our program is committed to enriching children's learning experiences, nurturing their social and emotional development and actively involving their families in their growth and educational journey.

Afterschool Enrichment begins in October for the fall semester and continues until the end of the spring school semester in June. Children assist after school four days a week for two and a half hours of tutoring, homework help, English Language Arts (ELA), Math, Wellness/Nutrition groups and Social-Emotional Learning (SEL). Parents and supporting families assist biweekly workshops on Fridays tailored to their needs and requests. Additional shelf stable food is exclusively provided

weekly for each family through our committed partner Temple Shaaray Tefila.

Summer Learning begins in July and terminates the second week of August. The schedule is Monday through Friday, seven hours a day for six weeks, with ELA as the academic focus in addition to scheduled trips to different cultural institutions, recreational activities, and outdoor special events with different community partners.