



## ENVIRONMENTAL PLEDGE INFORMATION BULLETIN

Issue # 1, December 2022

Outlined below are some actions you and your family might be comfortable participating in furtherance of TST's commitment to the environment.

### Topic: Eco Friendly Laundry Tips

**Importance:** There are lots of small things that can make a big difference in the environment when it comes to doing laundry. For example, did you know that:

- 75 to 90 percent of all the energy your washer uses goes into just warming the water – **SO TRY WASHING YOUR LAUNDRY IN COLD WATER.**
- Wool dryer balls can replace disposable dryer sheets, reduce wrinkles in clothes and can be used for up to 10,000 loads – **SO TRY DITCHING THOSE DISPOSABLE DRYER SHEETS FOR WOOL DRYER BALLS.**
- Laundry detergent can come in forms other than those huge plastic bottles and many laundry detergents contain ingredients harmful to the environment – **SO TRY USING ECO FRIENDLY LAUNDRY SHEETS OR LAUNDRY PODS AND PAYING ATTENTION TO THE INGREDIENTS IN YOUR LAUNDRY DETERGENT.**

**Reference Materials:** Here are the links to some resources to help you make your decisions on how to “Eco Friendly” your laundry process:

<https://greencitizen.com/eco-friendly-laundry-detergents/>

<https://www.rollingstone.com/product-recommendations/lifestyle/best-eco-friendly-laundry-detergent-1301445/>

<https://www.goingzerowaste.com/blog/safe-all-natural-eco-friendly-laundry-detergent/>

<https://caringconsumer.com/products/cleaning/best-laundry-detergent-sheets/>

There are many more resources out there just search the internet for “environmentally friendly laundry”.

We hope you will pledge to commit to following some of these laundry tips or to any other actions which you've independently committed to do.

Join us by [completing the Temple Shaaray Tefila Environmental Pledge](#) stating your commitment to the environment, if you're comfortable doing so.