

# MITZVAH SUNDAY

**November 9, 2008**  
***11 Cheshvan 5769***

**Join in a  
congregation-wide day  
of hands-on  
community service**

**Activities for all ages...  
Register now!**



# MITZVAH SUNDAY

Join other Shaaray Tefila congregants for a day of hands-on community service projects and renew our communal commitment to engage in acts of *tikkun olam*, repairing the world and caring for those in need. Mitzvah Sunday is an opportunity to work with fellow congregants, set an example for our children, and have fun in the process.

**November 9, 2008**

To register for any of the projects on the following pages, please mail or fax the form in this brochure, or go to our website at [www.shaaraytefilanyc.org](http://www.shaaraytefilanyc.org) to register online. Registration deadline is October 28, and projects will be assigned on a first-come, first-served basis. All off-site projects are limited in size.

Community service credit is available to students for their participation.

**Volunteers for off-site projects will meet at the Temple at a time to be arranged by their project captains and will travel together to the project site.**

## **Start the day with an extra *mitzvah*:**

When you come to the Temple on Mitzvah Sunday, please bring any of the items listed below for the *Chanukah* Soldier Drive (for our troops in Iraq and Afghanistan), as well as any spare change for our *Magen David Adom* collection jar. Thank you!

Phone cards • holiday cards and letters • lip balm • neosporin • suntan lotion • Skin-So-Soft wipes • anti-itch cream • kosher snacks: powdered drinks, coffee, flavored oatmeal, individually wrapped energy bars, trail mix, nuts, sunflower seeds

*Sponsored by the Social Action Committee and the Nursery School Mitzvah Committee*

## **Special Religious School Mitzvah Sunday Projects**

Grades K-5 Sunday classes will participate in a *mitzvah* project during class time. **Special off-site projects have been scheduled for Grade 6 Sunday students and their parents.** Grades 7 and up will also participate in *mitzvah* projects either at the Temple or off-site. Details will be available in late September and will be mailed to Religious School families.

## OFF-SITE PROJECTS

### 1. **Ronald McDonald House**

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**Location/Time:**  
405 E. 73rd St.  
**2:00-4:00 pm**

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RMDH is home to families whose children are being treated for serious illnesses. Spend the afternoon engaged in a project or games with the young patients, and share a snack with them and their families.

*Age:* 18+

### 2. **Craft & Pizza Party with Kids in East Side Shelter**

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**Location/Time:**  
Upper East Side facility  
**11:00 am-2:00 pm**

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Provide an afternoon of fun for kids living in a family shelter—with a crafts project and pizza party!

*Agency:* Women In Need

*Age:* 10+ (under 16 with an adult)

### 3. **Spruce Up a Public School**

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**Location/Time:**  
P.S. 75, 735 West End Ave.  
between 95th-96th Sts.  
**11:00 am-2:00 pm**

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Pitch in to create a better learning environment. We may work in the library (general cleaning, plus shelving and repairing books), paint a classroom, build classroom shelves, and more.

*Age:* 15+ (or 14 with adult)

### 4. **Pizza Party & Bingo at Hope Lodge**

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**Location/Time:**  
132 W. 32nd St.  
(west of Sixth Ave.)  
**12:00-2:00 pm**

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Play bingo and enjoy a pizza party with adult cancer patients and their families at this beautiful new residence for patients receiving treatment in NYC.

*Agency:* American Cancer Society

*Age:* 15+

## OFF-SITE PROJECTS

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### 5.

#### **John Jay Park Makeover**

Spend the afternoon caring for a neighborhood park. Activities may include mulching, pruning, planting and more.

**Location/Time:**  
77th St., east of York Ave.

**12:30-3:00 pm**

*Agency:* Partnerships for Parks

*Age:* 8+ (under 14 with an adult)

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### 6.

#### **Lunch with Seniors**

Serve lunch, visit and sing with seniors.

**Location/Time:**  
120 W. 106th St.  
**1:00-3:00 pm**

*Agency:* Jewish Home & Hospital

*Age:* all ages

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### 7.

#### **Serve Lunch at Neighborhood Coalition for Shelter Residence**

Serve lunch and help residents of this supportive housing facility participate in their own volunteer project.

**Location/Time:**  
211 E. 81st St.  
**12:30-2:30 pm**

*Agency:* Neighborhood Coalition for Shelter

*Age:* 18+ (or 14-17 with adult)

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### 8.

#### **Games and Crafts with Seniors**

Brighten up a senior's morning with board games and crafts projects at the Kateri Senior Residence.

**Location/Time:**  
150 Riverside Drive  
at 87th St.  
**10:00 am-12:00 noon**

*Age:* all ages (families especially welcome)

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# PROJECTS AT SHAARAY TEFILA

## 9. **“Sandwich Saturday” on Sunday**

Prepare, decorate and package bag lunches to feed hungry New Yorkers.

**Time:**

**Two shifts: 2:00-3:30 pm  
or 4:00-5:30 pm**

*Bring three large loaves of sliced bread and 16 pieces of fruit (pears, oranges, bananas) for each person and each shift you select.*

*Agency:* City Harvest

*Age:* 10+ for food preparation; children under 10 may decorate the bags

## 10. **Sanctuary Stitchers**

Knit or crochet 7"x9" blocks to make beautiful blankets for adolescents in residential treatment centers.

**Time:**

**2:00-5:00 pm**

*Agency:* Jewish Board of Family and Children's Services

*Age:* all experienced or novice knitters and crocheters welcome

## 11. **Kitchen Mitzvahs**

Make delicious treats for “Sandwich Saturday” on Sunday lunch bags and other Mitzvah Sunday projects.

**Time:**

**Two shifts: 9:30-11:30 am  
or 11:30 am-1:30 pm**

*Age:* 14+

# PROJECTS AT SHAARAY TEFILA

## 12. **Help NYC Schoolchildren**

Decorate lunch boxes and fill them with school supplies for underprivileged NYC schoolchildren.

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**Time:**  
**2:00-4:00 pm**

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*Agency:* The Children's Aid Society

*Age:* 2+ with adult

*Sponsored by the Nursery School Mitzvah Committee*

### **Mitzvah Sunday is sponsored by the Social Action Committee.**

Many thanks to our project captains and all those whose efforts help make Mitzvah Sunday a day of meaningful *mitzvot*. And special thanks to the Temple committee chairs, youth group leadership, and all our clergy and staff for their support.

Questions? Contact Marlene Nadel  
at [MNADEL4@aol.com](mailto:MNADEL4@aol.com)/646-303-1099 or  
Patti Schackett at [PSchackett@aol.com](mailto:PSchackett@aol.com)/917-539-2960.

*Please note...*

It is especially important to pre-register for off-site projects as many agencies strictly limit the number of volunteers they can accommodate.

# REGISTRATION for MITZVAH SUNDAY, NOVEMBER 9, 2008

Sign up at [www.shaaraytefilanyc.org](http://www.shaaraytefilanyc.org), or tear out this page and return form to: Temple Shaaray Tefila, 250 East 79th St., NY, NY 10075, or fax to 212-288-3576.

Projects are assigned on a first-come, first-served basis. Many are limited in size, so register early! **Please register ALL family members or friends who will accompany you** (all volunteers must sign waiver below). **Registration deadline is Tuesday, October 28.**

Name \_\_\_\_\_

Please list 3 project choices: First \_\_\_\_\_ Second \_\_\_\_\_ Third \_\_\_\_\_

For Projects 9 and 11, indicate which shift: \_\_\_\_\_

Address \_\_\_\_\_

Telephone (AM & PM) \_\_\_\_\_

E-mail Address \_\_\_\_\_ Cell \_\_\_\_\_  
(necessary to receive confirmation)

**OTHER FAMILY MEMBERS** (children under 14 must be accompanied by an adult)

Name \_\_\_\_\_ Adult/Child (age) \_\_\_\_\_ Project Choice: First \_\_\_\_\_ Second \_\_\_\_\_ Third \_\_\_\_\_

Name \_\_\_\_\_ Adult/Child (age) \_\_\_\_\_ Project Choice: First \_\_\_\_\_ Second \_\_\_\_\_ Third \_\_\_\_\_

Name \_\_\_\_\_ Adult/Child (age) \_\_\_\_\_ Project Choice: First \_\_\_\_\_ Second \_\_\_\_\_ Third \_\_\_\_\_

## ADDITIONAL INFORMATION

\_\_\_\_ Please assign me wherever I can be most useful.

\_\_\_\_ Please accept my donation (enclosed) to help defray the costs of this Mitzvah Sunday.

**Your project captain will contact you approximately 10 days in advance and will advise you of your TST meeting time for off-site projects.**

**WAIVER: All participants, regardless of age, must sign a waiver. If you are under 18 years of age, a parent or guardian must also sign this waiver. Those registering through our website must sign a waiver on-site.**

I understand that I am spending the day as a volunteer on projects organized by Temple Shaaray Tefila with nonprofit groups in New York. I understand that I am responsible for my behavior and I will perform only volunteer work that I feel comfortable doing. I agree to release Temple Shaaray Tefila, its officers, trustees, employees and volunteers from any and all claims that may arise as a result of any expenses, personal injury, loss or damages incurred by me during my participation on November 9, 2008.

Participant \_\_\_\_\_

Participant \_\_\_\_\_

Parent/Guardian (if above individual is less than 18 years of age):

\_\_\_\_\_